



CLASSES 21-22

Tots **45min** **2-3yrs**

This class is an energetic, creative movement program designed for our youngest dancers. They will dance, stretch, sing & love all 40 minutes. The use of props and developmental movement games will instill rhythm, musicality and turn taking. Dancers taking this class must be potty-trained. Parents/Guardians must remain on premises throughout class.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Ballet shoes with leather soles are required.

Littles **45min** **4-6yrs**

Littles will learn core ballet vocabulary. Movement foundations such as stage directions, technique and alignment, choreography and life skills will also be implemented. This 40-minute class fully encompasses turn taking, listening skills, movement, and fun.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Ballet shoes with leather soles & tap shoes are required.

Littles 2 - SPARKLERS **45min** **5-7yrs**

Sparklers is an invite only classed designed with the most focused Littles in mind. This class will cover a variety of dance genres through the year with the focus on Ballet & Tap technique. They will learn core ballet vocabulary. Movement foundations such as stage directions, technique and alignment, choreography and life skills will also be implemented. This 40-minute class fully encompasses turn taking, listening skills, movement, and fun. Sparklers must be enrolled in at least one Mini Summer Camp to be eligible for this invite only class.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Ballet shoes with leather soles & Tap shoes are required.



Combo

1hr

6-10yrs

Our Combo classes are a great way for any young dancer to find their favorite dance style. We combine Ballet, Jazz, Tap and Hip Hop throughout the semester to expose children to various movement styles. Ballet provides structure and overall body awareness, Tap supports rhythm and musicality while Jazz & Hip Hop allow for more freedom of expression.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Jazz shoes are required as well as Tap shoes.

Ballet 1

1hr

7-11yrs

Ballet is the foundation for all styles of dance. Dancers will learn basic technique and vocabulary, body alignment, and appropriate feet and arm positions. Students will enhance their skills by completing barre and center combinations, as well as progressions across the floor. The level 1 class is designed for beginner level dancers ages 7-11yrs.

Dancers need to be in a plum colored leotard with pink tights. Black skirts may be worn over leotard. Pink ballet shoes are required. Hair must be pulled back in a bun off the neck.

Ballet 2

1hr

12yrs+

Ballet is the foundation for all styles of dance. Dancers will learn basic technique and vocabulary, body alignment, and appropriate feet and arm positions. Students will enhance their skills by completing barre and center combinations, as well as progressions across the floor. The level 2 class is designed for beginning/intermediate level dancers. **This class must be taken 2 times per week.**

Dancers need to be in a navy colored leotard with pink tights. Black skirts may be worn over leotard. Pink ballet shoes are required. Hair must be pulled back in a bun off the neck.



Ballet 3 1hr By Level

Ballet is the foundation for all styles of dance. Dancers will learn basic technique and vocabulary, body alignment, and appropriate feet and arm positions. Students will enhance their skills by completing barre and center combinations, as well as progressions across the floor. The level 3 class is designed for intermediate level dancers. Enrollment will be decided at the discretion of the Director and/or teacher. **This class must be taken 2 times per week.**

Dancers need to be in a teal colored leotard with pink tights. Black skirts may be worn over leotard. Pink ballet shoes are required. Hair must be pulled back in a bun off the neck.

Ballet 4 1.5hrs By Level

Ballet is the foundation for all styles of dance. Dancers will learn basic technique and vocabulary, body alignment, and appropriate feet and arm positions. Students will enhance their skills by completing barre and center combinations, as well as progressions across the floor. The level 4 class is designed for advanced level dancers. Enrollment will be decided at the discretion of the Director and/or teacher. **This class must be taken 2 times per week.**

Dancers need to be in a black colored leotard with pink tights. Black skirts may be worn over leotard. Pink ballet shoes are required. Hair must be pulled back in a bun off the neck.

Pre-Pointe 45min By Level

Pre-Pointe class is for Intermediate Ballet dancers interested in going en pointe. This class will teach strength and proper form as well as technique. Dancers must be evaluated by a physical therapist before going en pointe. The Pre-Pointe class is designed for intermediate level dancers only. Enrollment will be decided at the discretion of the Director and/or teacher. **Dancer must be enrolled in Ballet 2, Ballet 3 or Ballet 4 to be eligible for enrollment in the Pre-Pointe class.**

Dancers need to be in a black colored leotard with pink tights. Black skirts may be worn over leotard. Pink ballet shoes & pointe shoes are required. Hair must be pulled back in a bun off the neck.



Pointe 1hr By Level

Pointe class is for the most advanced Ballet dancers. This class will teach strength and proper form as well as technique. Dancers must be evaluated by a physical therapist before going en pointe. The Pointe class is designed for advanced level dancers only. Enrollment will be decided at the discretion of the Director and/or teacher. **Dancer must be enrolled in Ballet 3 or Ballet 4 to be eligible for enrollment in the Pointe class.**

Dancers need to be in a black colored leotard with pink tights. Black skirts may be worn over leotard. Pink ballet shoes & pointe shoes are required. Hair must be pulled back in a bun off the neck.

Contemporary 1/2 1hr 7-11yrs

Contemporary dance is a style of expressive dance that combines many other dance genres. This class is designed to facilitate a connection between the dancer, the music & emotional expression. The Contemporary 1/2 class is designed for beginning/intermediate level dancers age 7-11yrs.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Toe paws or bare feet are required. Hair must be pulled back.

Contemporary 3/4 1hr 12yrs+

Contemporary dance is a style of expressive dance that combines many other dance genres. This class is designed to facilitate a connection between the dancer, the music & emotional expression. The Contemporary 3/4 class is designed for intermediate/advanced level dancers. **Dancer must be enrolled in a Ballet class to be eligible for enrollment in this Contemporary class.**

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Toe paws or bare feet are required. Hair must be pulled back.



Jazz 1 1hr 7-11yrs

Jazz classes teach basic to advanced terminology, technique & choreography. Dancers will warmup, stretch, condition, work on progressions across the floor and choreography. The level 1 class is designed for beginner level dancers age 7-11yrs.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Jazz shoes are required. Hair must be pulled back.

Jazz 2 1hr 12yrs+

Jazz classes teach basic to advanced terminology, technique & choreography. Dancers will warmup, stretch, condition, work on progressions across the floor and choreography. The level 2 class is designed for beginner/intermediate level dancers.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Jazz shoes are required. Hair must be pulled back.

Jazz 3 1hr By Level

Jazz classes teach basic to advanced terminology, technique & choreography. Dancers will warmup, stretch, condition, work on progressions across the floor and choreography. The level 3 class is designed for intermediate level dancers. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Jazz shoes are required. Hair must be pulled back.



Jazz 4 1.5hrs By Level

Jazz classes teach basic to advanced terminology, technique & choreography. Dancers will warmup, stretch, condition, work on progressions across the floor and choreography. The level 4 class is designed for advanced level dancers. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Jazz shoes are required. Hair must be pulled back.

Tap 1 1hr 7-11yrs

Tap classes teach basic to advanced terminology, technique & choreography. Students will work on various rhythms, traditional timesteps, progressions across the floor & contemporary tap tricks. The level 1 class is designed for beginner level dancers age 7-11yrs

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tap shoes are required. Hair must be pulled back.

Tap 2/3 1hr 12yrs+

Tap classes teach basic to advanced terminology, technique & choreography. Students will work on various rhythms, traditional timesteps, progressions across the floor & contemporary tap tricks. The level 2/3 class is designed for intermediate level dancers. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tap shoes are required. Hair must be pulled back.



Tap 4 1hr By Level

Tap classes teach basic to advanced terminology, technique & choreography. Students will work on various rhythms, traditional timesteps, progressions across the floor & contemporary tap tricks. The level 4 class is designed for advanced level dancers. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tap shoes are required. Hair must be pulled back.

Hip Hop 1 1hr 7-11 yrs

Hip Hop is a high energy, fast paced class that teaches contemporary dance movement. Students will learn the newest dance moves to current, appropriate music. Everything from old school Hip Hop moves to basic Break Dancing will be explored. The level 1 class is designed for beginner level dancers age 7-11 yrs.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Hip Hop sneakers are required. Hair must be pulled back.

Hip Hop 2 1hr 12yrs+

Hip Hop is a high energy, fast paced class that teaches contemporary dance movement. Students will learn the newest dance moves to current, appropriate music. Everything from old school Hip Hop moves to basic Break Dancing will be explored. The level 2 class is designed for beginner/intermediate level dancers.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Hip Hop sneakers are required. Hair must be pulled back.



Hip Hop 3

1 hr

By Level

Hip Hop is a high energy, fast paced class that teaches contemporary dance movement. Students will learn the newest dance moves to current, appropriate music. Everything from old school Hip Hop moves to basic Break Dancing will be explored. The level 3 class is designed for intermediate level dancers.

Enrollment will be decided at the discretion of the Director and/or teacher.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Hip Hop sneakers are required. Hair must be pulled back.

Hip Hop 4

1 hr

By Level

Hip Hop is a high energy, fast paced class that teaches contemporary dance movement. Students will learn the newest dance moves to current, appropriate music. Everything from old school Hip Hop moves to basic Break Dancing will be explored. The level 4 class is designed for advanced level dancers. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Hip Hop sneakers are required. Hair must be pulled back.

Medley

45min

8yrs+

Medley is our new voice class. This class has been created for those students that have a strong desire to sing & learn basic music concepts. Students will learn healthy vocal techniques as well as how to harmonize & sing with a group. A variety of musical genres will be covered.

Voice students can wear any clothing that allows comfortable movement while covering the midriff & bottom. Hair must be pulled back.



Private Lessons	30min/1hr	8yrs+
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Private Lessons are designed for the serious dancer that wants personalized instruction in any genre of dance, acting or voice. They can be arranged for 30min or 55min lessons. Private Lessons can be purchased as a package of 4 - if time permits - or arranged as a weekly lesson. Choreography fees may apply.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Required shoes are dependent upon the style of dance. Hair must be pulled back.

Performance Company	1.5-2hrs	10yrs+
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Performance Company will provide focused dancers with an opportunity to perform around the community. Dancers will meet on Fridays to learn and perfect choreography in preparation for various events - Griz games, parades, fairs & other events. Dancers must be enrolled in Ballet & Triple Threat. Voice and Acting lessons are strongly recommended. Company fees TBD. Enrollment will be decided during a spring audition as well as at the discretion of the Director.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Required shoes are dependent upon the style of dance. Hair must be pulled back.

Competition Company	1.5-2hrs	By Level
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Competition Company will provide the most focused and advanced dancers with an opportunity to compete at local, regional & national levels. Dancers will meet on Tuesdays to learn and perfect choreography in preparation for various competitions & events. Performance Company membership is mandatory. Dancers must be enrolled in Ballet, Jazz, Tap & Triple Threat. Contemporary, Hip Hop, Voice and Acting lessons are strongly recommended. Company fees TBD. Enrollment will be decided during a spring audition as well as at the discretion of the Director.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Required shoes are dependent upon the style of dance. Hair must be pulled back.