

# **COVID-19 Action Plan**

Guidelines from the Washington State Department of Health updated May 18, 2021

**City Kids School 2021-2022**

# Health & Safety

- Communication about COVID-19 is key:
  - The school will communicate any known or suspected exposure to appropriate contacts
  - Families will communicate any known or suspected exposure to CKS
- Face coverings are to be worn indoors except when eating, or during rest time (full-day students)
- The school continues to strengthen standard cleaning procedures and increase cleaning frequency of common touch points
- Teachers will intentionally seek out extra time outside and open doors for ventilation during the day as weather permits.
- Each class will isolate students who begin not feeling well in the school office, awaiting parent pickup

# Daily At-Home Health Screening Checklist

## Class A Symptoms:

- Fever of 100.0+
- Persistent cough
- Shortness of breath or difficulty breathing
- New loss of taste or smell

## Class B Symptoms (if unrelated to chronic illness or allergies):

- Muscle or body aches
- Headache
- Fatigue
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If a **single Class B** symptom resolves within 24 hours the student may return to school

Students should stay home and seek medical evaluation when they have:

- **Any** Class A symptoms
- **Two or more Class B** symptoms
- Been in close contact with anyone suspected or confirmed with COVID-19

# COVID-19: When to stay home, when to return, and what action to take

## Exposure or Positive Test

Student has been exposed to a COVID positive person for more than 15 sustained minutes

A member of the household is positive, awaiting test results, or experiencing symptoms

- Stay home
- Call your doctor
- Doctor determines start date of mandatory 10-day quarantine following last exposure
- Inform CKS

## Household

Student was not exposed to person with confirmed COVID-19

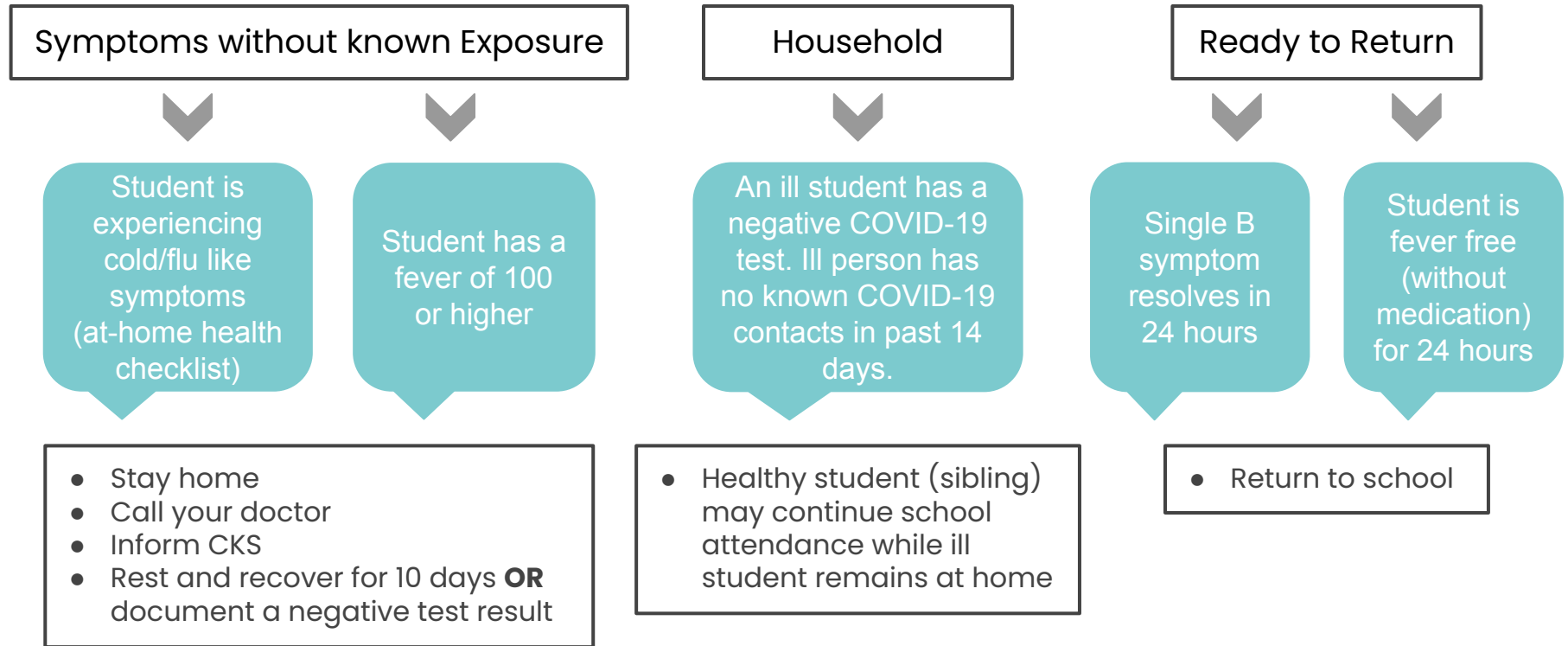
- Healthy student may continue school attendance while exposed person remains healthy
- Exposed, healthy student remains at home.

## Ready to Return

Student is fever free (without medication) for 24 hours and 10 days since first symptom or negative test results

- Return to school

# Cold & Flu: When to stay home, when to return, and what action to take



Early symptoms in children are often as subtle as a sore throat, a runny nose or a cough. Please continue to follow the At Home Health Checklist for any symptoms and keep students home.