

Trix Acro Gym Covid-19 Protocol Manual

Updated as of September 9, 2021

Welcome back to Trix Acro Gym. We are excited to allow our students back into our facility to work on their skills. Due to the COVID19 pandemic, we have adapted our gym and camp programs to keep everyone safe. Please see below for our updated protocols to help ensure a socially distanced friendly environment. Additional rules will be communicated to the children on the first day of classes/camp. Physical distancing, cohort grouping and cleaning protocols will be enforced. Should the Ontario Regulations change we will adjust the regulations in the gym accordingly. See outline below.

Area	Protocol/ Notes
Entrance/ Drop off	<ul style="list-style-type: none">- Go to your designated entrance/ exit (either the gym doors numbered 22 & 23 or the front door numbered 21) and wait for a staff member to take attendance and ensure they know where to go next. (Entrance/Exit Schedule will be sent to know which entrance to use during your child's time slot)- All athletes must wear masks upon entry to the facility unless a mask exemption has been discussed.- Parents of children over the age of 4 years are NOT permitted in the facility- ONE parent or guardian of children under 4 years are permitted to view from the viewing area- ONE parent or guardian per child is permitted in the facility for the Parent and Tot class. All parents must be masked during the Parent and Tot classes.- Upon entering the facility, kids will be shown where they will keep their belongings and where their coach is located.- Athletes shall follow the arrows to a handwashing station before entering the gym.
Exit/ Pick up	<ul style="list-style-type: none">- Curbside pick up will be enforced.- A head coach will be at your designated entrance/exit (either the Gym Doors numbered 22 & 23 or the Front Door numbered 21) waiting for parents/guardians arrival.
Gym Area	<ul style="list-style-type: none">- Cohorts/groups must maintain social distance from one another, and attempt to do the same with their cohort/group members- There are cleaning and hand sanitizing products throughout the gym to be used when necessary.- The gym space will be ventilated with our air exchange each night to circulate clean air into the space.- The garage doors and front doors will remain open during classes when possible (weather dependent) to allow for a free flow of air into the gym space- Masks are to be worn while ENTERING and EXITING the facility and in common areas such as hallways and washrooms.- Under Ontario Regulation, Step 3 of reopening, children are not required to be masked while engaging in physical activity in the gym. HOWEVER, if you would like your child to be masked while doing activity in the gym, they may do so. Please inform us if you wish your child to be masked for in-gym activity.